

## The Bread and the Cup

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### Exodus 12

- 3 Speak ye unto all the congregation of Israel, saying, In the tenth *day* of this month they shall take to them every man a lamb, according to the house of *their* fathers, **a lamb for an house:**
- 5 Your lamb shall be **without blemish**, a male of the first year: ye shall take *it* out from the sheep, or from the goats:
- 6 And ye shall keep it up until the fourteenth day of the same month: and the whole assembly of the congregation of Israel **shall kill** it in the evening.
- 7 And they shall take of the blood, and **strike it on the two side posts and on the upper door post** of the houses, wherein they shall eat it.
- 8 And they shall **eat the flesh** in that night, **roast with fire**, and **unleavened bread**; and with bitter *herbs* they shall eat it.
- 11 And thus shall ye eat it; *with* your **loins girded**, your **shoes on** your feet, and your **staff in your hand**; and ye shall **eat it in haste**: it is the LORD'S passover.
- 13 And the blood shall be to you for a token upon the houses where ye *are*: **and when I see the blood, I will pass over you**, and the plague shall not be upon you to destroy *you*, when I smite the land of Egypt.

*For each family, a lamb was killed and blood sprinkled on the top and side door post making the sign of the cross. Unleavened bread was eaten due the immediate departure of the slaves to freedom. They were dressed ready to leave and ate it in haste standing up.*

*The first Passover blood gave Hebrews protection from judgment of death and the bread gave their bodies strength to begin their journey with “not one feeble.”*

*[Psalm 105:37]*

*The blood was a shadow of Jesus' blood which protects us from judgment of our sin and His broken body to bring healing, “by His stripes ye are healed.” [2Peter 2:24]*

### Luke 22

- 1 Now the feast of unleavened bread drew nigh, which is called the **Passover**.
- 19 And he took bread, and gave thanks, and brake *it*, and gave unto them, saying, This is **my body** which is given for you: this do **in remembrance of me**.
- 20 Likewise also the cup after supper, saying, This cup is the **new testament in my blood**, which is shed for you.

*Old Testament Passover was still celebrated in Jesus' day. The new testament will be in force at the death of Jesus, the one who gives the testament. Before, blood shedding only covered their sin. Jesus' blood washes away our sin. The shed blood was accepted by God evidenced by His resurrection. His blood must be applied or*

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*sprinkled as the blood of bulls and goats was by the priests on the people.  
[Hebrews 9 and 10]*

### John 6

53 Then Jesus said unto them, Verily, verily, I say unto you, Except ye **eat the flesh** of the Son of man, and **drink his blood**, ye have no life in you.

54 Whoso eateth my flesh, and drinketh my blood, **hath eternal life**; and I will raise him up at the last day.

55 For my flesh is meat indeed, and my blood is drink indeed.

56 He that eateth my flesh, and drinketh my blood, **dwelleth in me, and I in him**.

*Bread and wine are ingested and become a part of our bodies likewise we receive Jesus to dwell (make a home) in us and us in Him. His blood is on the door posts of our life. Judgment passes over us because God sees us as justified and righteous. We eat and drink every day, Jesus said as often as you eat and drink (not just communion service) do so remembering Me and our standing in His eyes.*

### 1 Corinthians 11

23 For I have received of the Lord that which also I delivered unto you, That the Lord Jesus the *same* night in which he was betrayed took **bread**:

24 And when he had **given thanks**, he brake *it*, and said, Take, **eat**: this is **my body**, which is broken for you: this do in remembrance of me.

25 After the same manner also *he took* the **cup**, when he had supped, saying, This cup is the **new testament in my blood**: this do ye, as oft as ye **drink it**, in **remembrance** of me.

26 For as often as ye eat this bread, and drink this cup, ye do shew the Lord's death till he come.

27 Wherefore whosoever shall eat this bread, and drink *this* cup of the Lord, **unworthily**, shall be guilty of the body and blood of the Lord.

28 But let a man **examine himself**, and so let him eat of *that* bread, and drink of *that* cup.

29 For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself, not **discerning the Lord's body**.

*The bread and the cup are only symbols representing His body and blood. Our death and resurrection in Christ is also symbolized at our water baptism. Paul teaches that we should understand (discern) what Jesus gave at His death and obtained at His resurrection. We can have His righteousness to stand in grace worthy of blessings and fellowship. Without receiving His sacrifice for us, we are guilty and cannot save ourselves with any amount of good works, prayer, church*

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*attendance, money donations, or fastings.*