

Spiritual Blessings

What are our Spiritual Blessings?

Paul declares in Ephesians, chapter 1, verses 3-7, that we have been blessed with all spiritual blessings.

Ephesians 1:3

3 Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly places in Christ:

4 According as he hath chosen us in him before the foundation of the world, that we should be holy and without blame before him in love:

5 Having predestinated us unto the adoption of children by Jesus Christ to himself, according to the good pleasure of his will,

6 To the praise of the glory of his grace, wherein he hath made us accepted in the beloved.

7 In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace;

If we dissect these verses, we can list our blessings which we have in Christ.

- 1. Chosen before the world, v.4**
- 2. Holy & Blameless before God, v.4**
- 3. Adopted by Jesus' work, v.5**
- 4. Accepted in the Beloved, v.6**
- 5. Redemption by blood, v.7**
- 6. Forgiveness of sins, v.7**

Chosen by God indicates His purpose, will, desire, and pleasure toward us and for us. His desire is not an after thought or an unexpected incident. We were chosen before the foundation of the world (cosmos or universe) as was Jesus Christ was slain from before the beginning (Revelation 13:8).

Holy and Blameless is not the result from our own efforts but due to God viewing us in Christ. God credited us with the righteousness of Jesus through His blood sacrifice (Romans 5:19). God has justified us totally blameless in spirit, soul, and body (1 Thessalonians 5:23).

Adopted into the family group of the Father, Son, and Holy Spirit, gives the Christian full rights and inheritance of the Godhead (Romans 8:15-17). Protection and provision

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is a benefit of the family relationship.

Accepted in the Beloved represents our position in the family and in Christ, who is the beloved son of God (Luke 3:22). When we are “accepted”, we are “highly favored.” This description of our position in Christ is only used one other time when Gabriel greeted Mary announcing the virgin birth to her (Luke 1:28).

Redemption is the action brings us from the kingdom of darkness into the kingdom of light (Gal 3:13). We are bought with the greatest price which could be given, Jesus' death on the cross (1 Corinthians 6:20). We belong to Him totally, spirit, soul and body.

Forgiveness of sins totally eliminates in God any record or memory of the sins (Hebrews 10:17) of the believer due to the over abundant sacrifice of Jesus Romans 5:15).

These heavenly blessings are priceless, as they cost Jesus everything, but they cost us nothing. For us to ignore or refuse to receive the benefits of these blessings would make frustrate the grace of God and the death of Jesus in vain (Galatians 2:21).